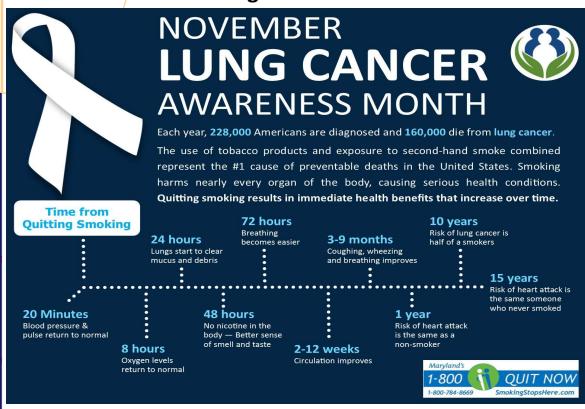
# Skeehchooash

Pequot for Grasses, Herbs, Medicines

PEQUOT PHARMACEUTICAL NETWORK • PHARMACY NEWSLETTER

**November 2024** 

## **November is Lung Cancer Awareness Month**



PEQUOTPLUS

**PEQUOTPRXN** 

PHARMACEUTICAL NETWORK

PRxN° Customer Service 800-342-5779

PRxN° PBM Customer Service 888-779-6638

Website www.prxn.com

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### **Risk Factors**:

- Cigarette, cigar & pipe smoking
- Secondhand smoke
- Family history of lung cancer
- HIV infection
- Environmental exposures such as radiation, radon, asbestos, & air pollution

#### Prevention:

- Quitting smoking
- Changing lifestyle or eating habits
- Avoiding things known to cause cancer
- Taking medications to treat a precancerous condition or to keep cancer from starting

#### Three tests are available to screen for lung cancer:

- Low-dose computed tomography (LDCT): A procedure that uses low-dose radiation to make a series of very detailed pictures of areas inside the body using an x-ray machine that scans the body in a spiral path.
- Chest x-ray: An x-ray of the organs and bones inside the chest. An x-ray is a type of energy beam that can go through the body and onto film, making a picture of areas inside the body.
- Sputum cytology: Sputum cytology is a procedure in which a sample of sputum (mucus that is coughed up from the lungs) is viewed under a microscope to check for cancer cells.

https://smchd.org/tobacco/lung-cancer-awareness-month-flyer/
https://www.aacr.org/patients-caregivers/cancer/lung-cancer/lung-cancer-prevention-pdq/
https://www.aacr.org/patients-caregivers/cancer/lung-cancer/lung-cancer-screening-pdq/
At Pequot Health Care, we are dedicated to maintaining your good health!